

# Prayer Concerns...

- **Laura Beerle** is seeking prayer support in finding a new home in Schodack before October. Let's also pray with her for her children to learn healthy ways to deal with the loss of their father who passed away 6 months ago. (3/10)
- **Andrea Brunetto** asks prayer support for her mom Nonny and her children, Rossi, Carmen, and Gi (that God would protect their hearts); and for **Robin, Joanna, Jessica, and Danielle; Jessica & Maurice**. (3/10)
- **Safety** is a concern in a domestic situation involving someone recently released back into those relationships. (3/3)
- **April Schepisi** is facing additional medical concerns beyond her cancer diagnosis and surgery scheduled for April. (3/3)
- **Ellis Holcomb** has been under treatment for pneumonia and is currently being tested for cancer. Please pray for healing, but also comfort and strength for his family and support team. (3/2)

## Praying for healing from cancer...

Then Jesus got up and rebuked the wind and the sea. *"Silence!"* He commanded. *"Be still!"* And the wind died down, and it was perfectly calm. (Mark 4:39)

Remember when  
the waves are over  
your head they are  
under God's feet

**Healing from cancer** can be a long and very difficult journey for the entire family. It feels so all-consuming and discouraging at times, **but God's presence and grace limits its destructive power**. With His help love, hope and faith can grow strong, friendships are proven true, and courage is reborn day after day. So, let's pray earnestly for a 32-year-old friend; Jean Webster (Matt's mom); Ralph (Nancy Carpenter's cousin); Debbie Haggerty (Wes van Ort's cousin); and Brian Mattiske.

## Cultivating The Discipline Of Prayer

1. **Schedule a time to pray.** Establishing a fixed prayer time is beneficial. Choose a slot unlikely to be interrupted and inform your family to avoid disturbances. *Consistency* is key! (cf. Daniel 6, Psalm 55:16-17)
2. **Focus your thoughts with meditation on God's Word.** Personalize your response to it in prayer.
3. **Mix it up to freshen up.** Incorporate diverse postures (kneeling, standing, sitting), types (praise, worship, intercession, etc.) or places of prayers into your prayer routine, avoiding rigid structures. Fostering creativity and flexibility in prayer helps renew your commitment.
4. **Take your set aside prayer time with you into your day.** Find a way to remember throughout the day how God touched your heart during prayer. ("Pray without ceasing." 1 Thess. 5:17)
5. **Be kind to yourself.** Set realistic expectations for your prayer time. God values your presence, so let's focus on quality and consistency rather than duration.

## The Chile Ministry Team

is one week away from departure! Thank you for your generous, loving partnership in every way — especially prayer!

**David Ewert,**  
**Jennifer Gieser,**  
**Sarah Harris,**  
**Estafania Layseca & young women** at the House of Hope,  
**Karen Longworth,**  
**Kerry Mitras** (Vision for Children),  
**Kyleigh Seaburg,**  
**David Spink,**  
**Judy Weatherby...**

