

Mark 1:14-22

# Sermon Notes

Feb 11, 2024

We are here for a journey,  
not to be stuck!

We need help beyond ourselves.



Jesus says, "Follow me."

Jesus takes who you are and makes it matter for eternity.

- Stuck people cannot follow Jesus
- Stuck people are an easy target
- Stuck people do not enjoy the best

**Opposite of stuck is GROWTH**

Rather, you must grow in the grace and knowledge of our Lord and Savior Jesus Christ. 2 Peter 3:18

**Church is about Spiritual Growth**

**Growth is from God** 1 Corinthians 3:5-7

**The Foundation is Jesus Christ** 1 Corinthians 3:9-13

**The Work is Ongoing** Ephesians 4:15-16



# ENCOUNTER QUESTIONS

Spiritual Growth Small Groups at Emmanuel Reformed Church

Review the sermon, what were the key points?

What questions did it raise for you?

What felt most important to you?

Think about your life 10 years ago. What have been the most significant changes? How have they impacted you spiritually?

What does getting stuck look like in your life; emotionally, relationally, spiritually? How has that held you back?

We should focus more on following Jesus and growing than avoiding getting stuck. Not getting stuck happens the more we stay on the path Jesus prepares of us.

Thinking about growth, read 1 Corinthians 3:6-15. What is the seed? How does it spring to life? What building is being discussed? What does it mean to have the foundation of Jesus? What might the different building materials represent?

What of your life is most important? What are you building with, and what are you building that will last forever?

## Prayer

Lord Jesus, I want to follow you in every aspect of my life and grow in grace and knowledge. Right now I feel stuck in this area: \_\_\_\_\_. Help me to forgive, to grow, and find the freedom that you came to give. I love you and rejoice that you love me enough to help me every day. Amen.